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... pulling out invasive, non-native Himalayan balsam to protect riverbanks and native flowers! It's easy, fun and a good workout! Join in a Big Balsam Bash near you:

Warcop to Sanford riverside footpath Sunday 7 July, 10.30 am – 2.30 pm Start point at the stile. w3w ///digitally.mystery.betraying Very limited parking, please walk down or meet at Warcop parish hall at 10.15am to lift share.

Wear old clothes - long-sleeve tops, trousers, waterproofs and gardening or work gloves (we can lend you some!), wellies/sturdy shoes.

Bring drinks and packed lunch if staying all day. All ages welcome, under 18s must be accompanied by a responsible adult.

edenriverstrust.org.uk/things-to-do



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